



FOR IMMEDIATE RELEASE

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**Summit Healthcare receives
Get With The Guidelines Target: Stroke Honor Roll Silver Plus Quality Achievement
Award**

*American Heart Association Award recognizes **Summit Healthcare's** commitment to quality stroke care*

SHOW, LOW, AZ — **Summit Healthcare** has received the American Heart Association/American Stroke Association's Get With The Guidelines® Target: Stroke Honor Roll Silver Plus Quality Achievement Award. The award recognizes the hospital's commitment to ensuring stroke patients receive the most appropriate treatment according to nationally recognized, research-based guidelines based on the latest scientific evidence.

Summit Healthcare earned the award by meeting specific quality achievement measures for the diagnosis and treatment of stroke patients at a set level for a designated period. These measures include evaluation of the proper use of medications and other stroke treatments aligned with the most up-to-date, evidence-based guidelines with the goal of speeding recovery and reducing death and disability for stroke patients. Before discharge, patients should also receive education on managing their health, get a follow-up visit scheduled, as well as other care transition interventions.

"Summit Healthcare is dedicated to improving the quality of care for our stroke patients by implementing the American Heart Association's Get With The Guidelines-Stroke initiative," said Carolyn Jacobs, Chief Nursing Officer, Summit Healthcare. "The tools and resources provided help us track and measure our success in meeting evidenced-based clinical guidelines developed to improve patient outcomes."

Summit Healthcare additionally received the association's Target: StrokeSM Honor Roll award. To qualify for this recognition, hospitals must meet quality measures developed to reduce the time between the patient's arrival at the hospital and treatment with the clot-buster tissue plasminogen activator, or [TPA](#), the only drug approved by the U.S. Food and Drug Administration to treat [ischemic stroke](#).

According to the American Heart Association/American Stroke Association, stroke is the No. 5 cause of death and a leading cause of adult disability in the United States. On average, someone in the U.S. suffers a stroke every 40 seconds and nearly 795,000 people suffer a new or recurrent stroke each year.

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About Summit Healthcare

Summit Healthcare is a licensed 101 beds rural hospital. Summit responds to the health care needs of more than 90,000 permanent and seasonal residents. For more information visit www.summithealthcare.net.

About Get With The Guidelines®

Get With The Guidelines® is the American Heart Association/American Stroke Association's hospital-based quality improvement program that provides hospitals with tools and resources to increase adherence to the latest research-based guidelines. Developed with the goal of saving lives and hastening recovery, Get With The Guidelines has touched the lives of more than 6 million patients since 2001. For more information, visit heart.org.