



FOR IMMEDIATE RELEASE
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Summit Healthcare's Cardiac Rehabilitation Program Certified by Industry Leader

Show Low, AZ – Summit Healthcare is proud to announce the certification of its Cardiac Rehabilitation Program by the American Association of Cardiovascular and Pulmonary Rehabilitation ([AACVPR](#)). This certification is recognition of Summit Healthcare's commitment to improving the quality of life of patients by enhancing standards of care.

Cardiovascular and pulmonary rehabilitation programs are designed to help people with cardiovascular problems (e.g., heart attacks, coronary artery bypass graft surgery) and pulmonary problems (e.g., chronic obstructive pulmonary disease [COPD], respiratory symptoms) recover faster and live healthier. Both programs include exercise, education, counseling and support for patients and their families.

To earn accreditation, Summit Healthcare's Cardiac Rehabilitation Program participated in an application process that requires extensive documentation of the program's practices. AACVPR Program Certification is the only peer-review accreditation process designed to review individual programs for adherence to standards and guidelines developed and published by AACVPR and other related professional societies. Each program's application is reviewed by the AACVPR Program Certification Committee, and certification is awarded by the AACVPR Board of Directors.

In 2018, AACVPR moved to an outcomes-based process with performance measurements that represent more meaningful outcomes. Therefore, AACVPR-certified programs are leaders in the cardiovascular and pulmonary rehabilitation field because they offer the most advanced practices available and have proven track records of high quality patient care. AACVPR Program Certification is valid for three years.

About Summit Healthcare

Summit Healthcare is a licensed 101 beds rural hospital. Summit responds to the health care needs of more than 90,000 permanent and seasonal residents. For more information visit www.summithealthcare.net.

About AACVPR

Founded in 1985, the American Association of Cardiovascular and Pulmonary Rehabilitation is a multidisciplinary organization dedicated to the mission of reducing morbidity, mortality and disability from cardiovascular and pulmonary disease through education, prevention, rehabilitation, research and disease management. Central to the core mission is improving the quality of life for patients and their families. Learn more about AACVPR at www.aacvpr.org.