



# Summit Healthcare

## 2021 CALENDAR



*Trusted to deliver exceptional, compassionate care close to home.*

Photo: Norma Chesnut  
HWY 260 near Heber, AZ



# Pharmacy Now Open

Monday - Friday 9:00 am - 6:00 pm  
Weekend Hours Vary



## Summit Healthcare's Retail Pharmacy is Now Open!

Conveniently located in Summit Healthcare's Outpatient Pavilion, just steps away from the hospital and most clinics. Our team is committed to meeting your pharmaceutical needs.

Available at Summit Healthcare's Retail Pharmacy:

- We accept most insurances including Medicaid, Medicare Part B, Medicare Part D, Care 1st, and Tricare
- Curbside delivery
- Prescriptions ready in minutes
- Auto refill available



*"Trusted to deliver exceptional compassionate care, close to home"*

Summit Healthcare's Outpatient Pavilion | 4591 S White Mountain Blvd. | Building A | P 928-537-6336 | F 928-532-3506





Photo: Tonya Kelly-Donaldson  
Highway 260 near Sunrise

DECEMBER 2020  
S M T W T F S  
1 2 3 4 5  
6 7 8 9 10 11 12  
13 14 15 16 17 18 19  
20 21 22 23 24 25 26  
27 28 29 30 31

# January 2021

FEBRUARY  
S M T W T F S  
1 2 3 4 5 6  
7 8 9 10 11 12 13  
14 15 16 17 18 19 20  
21 22 23 24 25 26 27  
28

| Sunday | Monday                                     | Tuesday | Wednesday     | Thursday | Friday              | Saturday |
|--------|--------------------------------------------|---------|---------------|----------|---------------------|----------|
|        |                                            |         |               |          | 1<br>New Year's Day | 2        |
| 3      | 4                                          | 5       | 6<br>Epiphany | 7        | 8                   | 9        |
| 10     | 11                                         | 12      | 13            | 14       | 15                  | 16       |
| 17     | 18<br>Martin Luther King Jr.'s<br>Birthday | 19      | 20            | 21       | 22                  | 23       |
| 24     | 25                                         | 26      | 27            | 28       | 29                  | 30       |
| 31     |                                            |         |               |          |                     |          |



**Cervical Cancer Awareness Month**  
**Birth Defects Prevention Month**  
**Radon Awareness Month**





Photo: Curtis Roberts  
Woodland Lake



JANUARY  
S M T W T F S  
1 2  
3 4 5 6 7 8 9  
10 11 12 13 14 15 16  
17 18 19 20 21 22 23  
24 25 26 27 28 29 30  
31

# February 2021

MARCH  
S M T W T F S  
1 2 3 4 5 6  
7 8 9 10 11 12 13  
14 15 16 17 18 19 20  
21 22 23 24 25 26 27  
28 29 30 31

| Sunday                | Monday                      | Tuesday            | Wednesday           | Thursday | Friday                   | Saturday |
|-----------------------|-----------------------------|--------------------|---------------------|----------|--------------------------|----------|
|                       | 1                           | 2<br>Groundhog Day | 3                   | 4        | 5                        | 6        |
| 7                     | 8                           | 9                  | 10                  | 11       | 12<br>Lincoln's Birthday | 13       |
| 14<br>Valentine's Day | 15<br>President's Day       | 16<br>Mardi Gras   | 17<br>Ash Wednesday | 18       | 19                       | 20       |
| 21                    | 22<br>Washington's Birthday | 23                 | 24                  | 25       | 26                       | 27       |
| 28                    |                             |                    |                     |          |                          |          |



**Heart Month**  
**Children's Dental Health Month**  
**Wise Healthcare Consumer Month**





Photo: Ashley Fitch  
Show Low, AZ



FEBRUARY  
S M T W T F S  
1 2 3 4 5 6  
7 8 9 10 11 12 13  
14 15 16 17 18 19 20  
21 22 23 24 25 26 27  
28

# March 2021

APRIL  
S M T W T F S  
1 2 3  
4 5 6 7 8 9 10  
11 12 13 14 15 16 17  
18 19 20 21 22 23 24  
25 26 27 28 29 30

| Sunday      | Monday | Tuesday | Wednesday         | Thursday | Friday | Saturday            |
|-------------|--------|---------|-------------------|----------|--------|---------------------|
|             | 1      | 2       | 3                 | 4        | 5      | 6                   |
| 7           | 8      | 9       | 10                | 11       | 12     | 13                  |
| 14          | 15     | 16      | 17                | 18       | 19     | 20                  |
| 21          | 22     | 23      | St. Patrick's Day | 25       | 26     | First Day of Spring |
| 28          | 29     | 30      | 31                |          |        |                     |
| Palm Sunday |        |         |                   |          |        |                     |



**Colorectal Cancer Awareness Month • Athletic Training Month  
Child Life Month • MS Education and Awareness Month  
Nutrition Month • Save Your Vision Month**





Photo: Crystal Rammell  
Show Low, AZ



MARCH  
S M T W T F S  
1 2 3 4 5 6  
7 8 9 10 11 12 13  
14 15 16 17 18 19 20  
21 22 23 24 25 26 27  
28 29 30 31

# April 2021

MAY  
S M T W T F S  
1  
2 3 4 5 6 7 8  
9 10 11 12 13 14 15  
16 17 18 19 20 21 22  
23 24 25 26 27 28 29  
30 31

| Sunday          | Monday | Tuesday | Wednesday | Thursday                                     | Friday               | Saturday               |
|-----------------|--------|---------|-----------|----------------------------------------------|----------------------|------------------------|
|                 |        |         |           | 1<br><br>Maundy Thursday<br>April Fool's Day | 2<br><br>Good Friday | 3<br><br>Holy Saturday |
| 4<br><br>Easter | 5      | 6       | 7         | 8                                            | 9                    | 10                     |
| 11              | 12     | 13      | 14        | 15                                           | 16                   | 17                     |
| 18              | 19     | 20      | 21        | 22                                           | 23                   | 24                     |
| 25              | 26     | 27      | 28        | 29                                           | 30                   |                        |



**Alcohol Awareness Month • Autism Awareness Month (National)  
Facial Protection Month (National) • March for Babies  
Minority Health Month (National) • Rosacea Awareness Month  
Testicular Cancer Awareness Month**





Photo: Crystal Rammell  
Show Low, AZ



APRIL  
S M T W T F S  
1 2 3  
4 5 6 7 8 9 10  
11 12 13 14 15 16 17  
18 19 20 21 22 23 24  
25 26 27 28 29 30

# May 2021

JUNE  
S M T W T F S  
1 2 3 4 5  
6 7 8 9 10 11 12  
13 14 15 16 17 18 19  
20 21 22 23 24 25 26  
27 28 29 30

| Sunday             | Monday             | Tuesday | Wednesday           | Thursday                     | Friday | Saturday |
|--------------------|--------------------|---------|---------------------|------------------------------|--------|----------|
|                    |                    |         |                     |                              |        | 1        |
| 2                  | 3                  | 4       | 5                   | 6                            | 7      | 8        |
| 9                  | 10                 | 11      | 12<br>Cinco De Mayo | 13<br>National Day of Prayer | 14     | 15       |
| 16<br>Mother's Day | 17                 | 18      | 19                  | 20<br>Ascension Day          | 21     | 22       |
| 23                 | 24                 | 25      | 26                  | 27                           | 28     | 29       |
| 30<br>Pentecost    | 31<br>Memorial Day |         |                     |                              |        |          |



*Trusted to deliver exceptional,  
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Arthritis Awareness Month (National) • Asthma Awareness Month • Better Sleep Month • Clap4Health  
Employee Health and Fitness Month (Global) • High Blood Pressure Education Month (National)  
Huntington's Disease Awareness Month (National) • Melanoma/Skin Cancer Detection and Prevention Month  
• Mental Health Month (National) • Motorcycle Safety Awareness Month  
Neurofibromatosis Awareness Month • Osteoporosis Month (National) • Physical Fitness and  
Sports Month (National) • Psoriasis Arthritis Action Month • Stroke Month (American)

2200 E Show Low Lake Rd | Show Low, AZ 85901 | (928) 537-4375 | [www.summithealthcare.net](http://www.summithealthcare.net) | \*Some event dates are subject to change to accommodate other schedules.





Photo: Elyse Kahalley  
Pinetop Balloon Festival



MAY  
S M T W T F S  
1  
2 3 4 5 6 7 8  
9 10 11 12 13 14 15  
16 17 18 19 20 21 22  
23 24 25 26 27 28 29  
30 31

# June 2021

JULY  
S M T W T F S  
1 2 3  
4 5 6 7 8 9 10  
11 12 13 14 15 16 17  
18 19 20 21 22 23 24  
25 26 27 28 29 30 31

| Sunday       | Monday              | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------|---------------------|---------|-----------|----------|--------|----------|
|              |                     | 1       | 2         | 3        | 4      | 5        |
| 6            | 7                   | 8       | 9         | 10       | 11     | 12       |
| 13           | 14                  | 15      | 16        | 17       | 18     | 19       |
| 20           | 21                  | 22      | 23        | 24       | 25     | 26       |
| Father's Day | First Day of Summer |         |           |          |        |          |
| 27           | 28                  | 29      | 30        |          |        |          |



**Hernia Awareness Month**  
**Men's Health Month**  
**Migraine and Headache Awareness Month (National)**  
**PTSD Awareness Month**





Photo: Candace Morehouse  
Hulsey Lake



JUNE  
S M T W T F S  
1 2 3 4 5  
6 7 8 9 10 11 12  
13 14 15 16 17 18 19  
20 21 22 23 24 25 26  
27 28 29 30

# July 2021

AUGUST  
S M T W T F S  
1 2 3 4 5 6 7  
8 9 10 11 12 13 14  
15 16 17 18 19 20 21  
22 23 24 25 26 27 28  
29 30 31

| Sunday                    | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------------------|--------|---------|-----------|----------|--------|----------|
|                           |        |         |           | 1        | 2      | 3        |
| 4<br><br>Independence Day | 5      | 6       | 7         | 8        | 9      | 10       |
| 11                        | 12     | 13      | 14        | 15       | 16     | 17       |
| 18                        | 19     | 20      | 21        | 22       | 23     | 24       |
| 25                        | 26     | 27      | 28        | 29       | 30     | 31       |



**Cord Blood Awareness Month**  
**Juvenile Arthritis Awareness Month**  
**Minority Mental Health Awareness Month (National)**





Photo: Tracey S  
Bluff Trails



JULY  
S M T W T F S  
1 2 3  
4 5 6 7 8 9 10  
11 12 13 14 15 16 17  
18 19 20 21 22 23 24  
25 26 27 28 29 30 31

# August 2021

SEPTEMBER  
S M T W T F S  
1 2 3 4  
5 6 7 8 9 10 11  
12 13 14 15 16 17 18  
19 20 21 22 23 24 25  
26 27 28 29 30

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
| 1      | 2      | 3       | 4         | 5        | 6      | 7        |
| 8      | 9      | 10      | 11        | 12       | 13     | 14       |
| 15     | 16     | 17      | 18        | 19       | 20     | 21       |
| 22     | 23     | 24      | 25        | 26       | 27     | 28       |
| 29     | 30     | 31      |           |          |        |          |



**Summit Healthcare**

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**Influenza Awareness Month (National)**  
**Neurosurgery Awareness Month**  
**Psoriasis Action Month**





Photo: Michele Aleman  
Apache County



AUGUST  
S M T W T F S  
1 2 3 4 5 6 7  
8 9 10 11 12 13 14  
15 16 17 18 19 20 21  
22 23 24 25 26 27 28  
29 30 31

# September 2021

OCTOBER  
S M T W T F S  
1 2  
3 4 5 6 7 8 9  
10 11 12 13 14 15 16  
17 18 19 20 21 22 23  
24 25 26 27 28 29 30  
31

| Sunday | Monday         | Tuesday | Wednesday                 | Thursday | Friday | Saturday          |
|--------|----------------|---------|---------------------------|----------|--------|-------------------|
|        |                |         | 1                         | 2        | 3      | 4                 |
| 5      | 6<br>Labor Day | 7       | 8                         | 9        | 10     | 11<br>Patriot Day |
| 12     | 13             | 14      | 15                        | 16       | 17     | 18                |
| 19     | 20             | 21      | 22<br>First Day of Autumn | 23       | 24     | 25                |
| 26     | 27             | 28      | 29                        | 30       |        |                   |



**Cholesterol Education Month (National) • Food Safety Education Month (National)**  
**Healthy Aging Month • Newborn Screening Awareness Month**  
**Prostate Cancer Awareness Month • Prostate Health Month**  
**Pulmonary Fibrosis Awareness Month (Global) • Recovery Month (National)**  
**Sepsis Awareness Month • Thyroid Cancer Awareness Month**





Photo: Amanda G  
Nutrioso, AZ



SEPTEMBER  
S M T W T F S  
1 2 3 4  
5 6 7 8 9 10 11  
12 13 14 15 16 17 18  
19 20 21 22 23 24 25  
26 27 28 29 30

# October 2021

NOVEMBER  
S M T W T F S  
1 2 3 4 5 6  
7 8 9 10 11 12 13  
14 15 16 17 18 19 20  
21 22 23 24 25 26 27  
28 29 30

| Sunday          | Monday             | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------|--------------------|---------|-----------|----------|--------|----------|
|                 |                    |         |           |          | 1      | 2        |
| 3               | 4                  | 5       | 6         | 7        | 8      | 9        |
| 10              | 11<br>Columbus Day | 12      | 13        | 14       | 15     | 16       |
| 17              | 18                 | 19      | 20        | 21       | 22     | 23       |
| 24              | 25                 | 26      | 27        | 28       | 29     | 30       |
| 31<br>Halloween |                    |         |           |          |        |          |



**Contact Lens Safety Month • Dental Hygiene Month (National) • Disability  
Employment Awareness Month (National) • Domestic Violence Awareness Month Health  
Literacy Month • Medical Librarians Month (National) • Medical Ultrasound Awareness  
Month • Patient-Centered Care Awareness Month • Pharmacists Month (American)  
Physical Therapy Month (National) • “Talk About Your Medicines” Month**

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Photo: Jonathan Wakefield  
Show Low, AZ



OCTOBER  
S M T W T F S  
1 2  
3 4 5 6 7 8 9  
10 11 12 13 14 15 16  
17 18 19 20 21 22 23  
24 25 26 27 28 29 30  
31

# November 2021

DECEMBER  
S M T W T F S  
1 2 3 4  
5 6 7 8 9 10 11  
12 13 14 15 16 17 18  
19 20 21 22 23 24 25  
26 27 28 29 30 31

| Sunday                 | Monday         | Tuesday      | Wednesday | Thursday         | Friday | Saturday |
|------------------------|----------------|--------------|-----------|------------------|--------|----------|
|                        | 1              | 2            | 3         | 4                | 5      | 6        |
|                        | All Saints Day | Election Day |           |                  |        |          |
| 7                      | 8              | 9            | 10        | 11               | 12     | 13       |
|                        |                |              |           | Veteran's Day    |        |          |
| 14                     | 15             | 16           | 17        | 18               | 19     | 20       |
| 21                     | 22             | 23           | 24        | 25               | 26     | 27       |
|                        |                |              |           | Thanksgiving Day |        |          |
| 28                     | 29             | 30           |           |                  |        |          |
| First Sunday of Advent |                |              |           |                  |        |          |



**Alzheimer's Disease Awareness Month (National) • Caregiver Month (National)  
COPD Awareness Month • Diabetes Month (American) • Diabetic Eye Disease  
Awareness Month • Family Caregivers Month (National) • Healthy Skin Month (National)  
Hospice and Palliative Care Month (National) • Lung Cancer Awareness Month  
Prematurity Awareness Month • Jingle Bell Run for Arthritis (through December)**





Photo: Sandra Bell  
Sierra Pines



NOVEMBER  
S M T W T F S  
1 2 3 4 5 6  
7 8 9 10 11 12 13  
14 15 16 17 18 19 20  
21 22 23 24 25 26 27  
28 29 30

# December 2021

JANUARY 2022  
S M T W T F S  
1  
2 3 4 5 6 7 8  
9 10 11 12 13 14 15  
16 17 18 19 20 21 22  
23 24 25 26 27 28 29  
30 31

| Sunday | Monday | Tuesday                              | Wednesday | Thursday | Friday               | Saturday        |
|--------|--------|--------------------------------------|-----------|----------|----------------------|-----------------|
|        |        |                                      | 1         | 2        | 3                    | 4               |
| 5      | 6      | 7<br>Pearl Harbor<br>Remembrance Day | 8         | 9        | 10                   | 11              |
| 12     | 13     | 14                                   | 15        | 16       | 17                   | 18              |
| 19     | 20     | 21<br>First Day of Winter            | 22        | 23       | 24<br>Christmas Eve  | 25<br>Christmas |
| 26     | 27     | 28                                   | 29        | 30       | 31<br>New Year's Eve |                 |



**Safe Toys and Celebrations Month**  
**Safe Toys and Gifts Month**





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Find a provider • Refill a Prescription  
Summit Healthcare Locations  
Main Campus Wayfinding

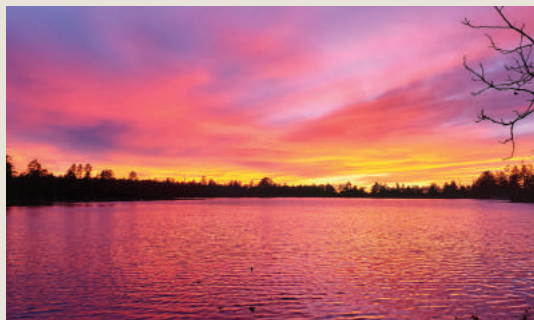






**JANUARY**

**Photo: Tonya Kelly-Donaldson**



**FEBRUARY**

**Photo: Curtis Roberts**



**MARCH**

**Photo: Ashley Fitch**



**APRIL**

**Photo: Crystal Rammell**



**MAY**

**Photo: Crystal Rammell**



**JUNE**

**Photo: Elyse Kahalley**



**JULY**

**Photo: Candace Morehouse**



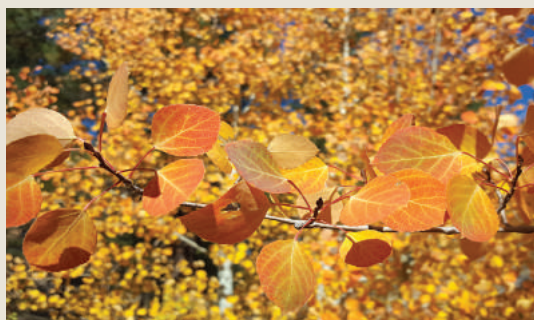
**AUGUST**

**Photo: Tracey S**



**SEPTEMBER**

**Photo: Michele Aleman**



**OCTOBER**

**Photo: Amanda G**



**NOVEMBER**

**Photo: Jonathan Wakefield**



**DECEMBER**

**Photo: Sandra Bell**